

MONTH AT A GLANCE

Happenings at the Gym

A look at what the Bombay Gym has lined up for you...

11 June to 10 July

<p>JUNE</p> <p>Save these dates on your calendar now!</p>	<p>10 <small>WED</small></p> <p>Piano Recital Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p>11 <small>THU</small></p> <p>Piano Recital Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p>12 <small>FRI</small></p> <p>DJ Shawn Mixwell Gym's Inn Bar & Dining Hall (9:00 pm to 1:00 am)</p>
<p>13 <small>SAT</small></p> <p>DJ Gym's Inn Bar & Dining Hall (9:00 pm to 1:00 am)</p>	<p>14 <small>SUN</small></p> <p>KERALA FOOD FESTIVAL Dining Hall, Gym's Inn Bar, Verandah, The Café and Palm Court (12:00 noon - 3:00 pm)</p> <p>Piano Recital Gym's Inn Bar (12:30 pm to 3:00 pm)</p>		<p>16 <small>TUE</small></p> <p>BG Conversations Celebrating World Music Day with Mehmood Curmally at 1875 (6.00 pm to 7.00 pm)</p> <p>Piano Recital Gym's Inn Bar (7:30 pm to 11:00 pm)</p>
<p>17 <small>WED</small></p> <p>Piano Recital Gym's Inn Bar (7:30 pm to 11:00 pm)</p>		<p>18 <small>THU</small></p> <p>Piano Recital Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p>19 <small>FRI</small></p> <p>DJ Suketu Gym's Inn Bar & Dining Hall (9:00 pm to 1:00 am)</p>
	<p>20 <small>SAT</small></p> <p>DJ Gym's Inn Bar & Dining Hall (9:00 pm to 1:00 am)</p>		<p>21 <small>SUN</small></p> <p>Founders' Day Lunch Dining Hall, Gym's Inn Bar, Verandah, The Café and Palm Court at 1875 (12:00 noon - 3:00 pm)</p> <p>Piano Recital Gym's Inn Bar (12:30 pm to 3:00 pm)</p>
<p>23 <small>TUE</small></p> <p>Piano Recital Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p>24 <small>WED</small></p> <p>Piano Recital Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p>25 <small>THU</small></p> <p>Piano Recital Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p>26 <small>FRI</small></p> <p>Movie Night ARGO A film by Ben Affleck 5.30 pm onwards at 1875</p>

* Events are subject to change in case of any Gymkhana functions. Check with reception closer to the date.

MONTH AT A GLANCE

	<p>27 SAT</p> <p>Tribute to Asha Bhosle Gym's Inn Bar & Dining Hall (9:00 pm to 1:00 am)</p>	<p>28 SUN</p> <p>Kebabs, Curries & Biryanis Dining Hall, Gym's Inn Bar, Verandah, The Café and Palm Court (12:00 noon - 3:00 pm)</p> <p>Piano Recital Gym's Inn Bar (12:30 pm to 3:00 pm)</p>	
<p>30 TUE</p> <p>Piano Recital Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p>JULY</p> <p>Save these dates on your calendar now!</p>	<p>1 WED</p> <p>Piano Recital Gym's Inn Bar (7:30 pm to 11:00 pm)</p>	<p>2 THU</p> <p>Piano Recital Gym's Inn Bar (7:30 pm to 11:00 pm)</p>
<p>3 FRI</p> <p>DJ GANESH Gym's Inn Bar & Dining Hall (9:00 pm to 1:00 am)</p>		<p>4 SAT</p> <p>DJ Gym's Inn Bar & Dining Hall (9:00 pm to 1:00 am)</p>	
<p>5 SUN</p> <p>By The Café Dining Hall, Gym's Inn Bar, Verandah, The Café and Palm Court (12:00 noon - 3:00 pm)</p> <p>Piano Recital Gym's Inn Bar (12:30 pm to 3:00 pm)</p>	<p>7 TUE</p> <p>Piano Recital Gym's Inn Bar (7:30 pm to 11:00 pm)</p>		<p>8 WED</p> <p>Piano Recital Gym's Inn Bar (7:30 pm to 11:00 pm)</p>
<p>9 THU</p> <p>Piano Recital Gym's Inn Bar (7:30 pm to 11:00 pm)</p>		<p>10 FRI</p> <p>DJ & VDJ Gym's Inn Bar & Dining Hall (9:00 pm to 1:00 am)</p>	

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SPORTS DETAILS

BADMINTON

Operational from 7.00 am to 8.30 pm
(On all days of the week).

COACHING: Shuttle Craze Academy,

Wed, 3.00 pm to 6.00 pm;
Sat & Sun, 11.00 am to 1.00 pm.

Fees: Members: 2,000/- pm + GST;
Members' Guest: 3,000/- pm + GST

BILLIARD & SNOOKER

Operational from 12.00 noon to 9.00 p.m. (On all days of the week).

BRIDGE

Operational from 10.30 am to 7.30 pm
Member's tournament on 2nd & 4th Friday at Bridge Room
Open tournament every Tuesday – 2:15 pm to 5:30 pm at Dining Hall
Bridge Training for Beginners & Intermediate – 3 pm to 5:30 pm at Bridge Room

BOOT CAMP PROGRAM

By Fitness Force. Open for members above 14 years only.
Every Tuesday & Thursday, from 7.30 am to 8.30 am at our lush green lawns. Fees: 2,000/- pm + GST for members.
Call Sports Office* for registration

CRICKET

Cricket season closed due to Monsoons

UNISEX FITNESS CENTER (UFC)

Newly renovated UFC section open for Members
Contact Sports Office* for details.

FOOTBALL

Men's Elite & Super Division
Team Training - 7.00 pm to 10:00 pm on Mon/Wed/Fri

Kids & Ladies Football Coaching

For children on Mon/Wed/Fri/ from 5.00 pm to 6.00 pm.
Charges: Members: 1,000/- pm + GST (U-7 to U-14),
Members: 2,200/- pm + GST (U-4),
Members' Guest: 3,000/- pm + GST (U-7 to U-14),
Members' Guest: 3,200/- pm + GST (U-4).
For U15 & Women's team, from 5.00 pm to 8.00 pm.
Contact Sports Office* for registration.

MAHJONG

Training program – Every Tuesday & Friday (11 am to 1 pm) at Bridge Room
Regular playing sessions: Monday to Saturday (excluding Thursday) 10:30 am to 1:00 pm
at Bridge Room & 2:00 pm to 6:00 pm in MPR 1
Sunday – 10.30 am to 6.00 pm at MPR 1
Contact Sports office for further details.

RUGBY

Rugby Team Training - 6.30 am to 9.00 am & 6.00 pm to 9.00 pm on Tue/Thu/Sat.
Start of New Rugby Season

SQUASH

Operational from Mon-Sat: 7.00 am to 8.30 pm;
Sun & bank holidays: 8.00 am to 7.30 pm.

COACHING by Zest for Sports & More.

Tue to Fri, 2.30 pm to 5.30 pm, and
Sat and Sun, 9.00 am to 1.00 pm

Fees for Members:

Beginners: 7,000/- pm + GST;
Intermediate: 9,500/- pm + GST;
Advance: 15,000/- pm + GST;
Advance 2 (Elite): 18,000/- pm + GST;

Fees for Guests:

Intermediate: 15,000/- pm + GST;
Advance: 18,000/- pm + GST;
Advance 2 (Elite): 25,000/- pm + GST

TENNIS & PADEL

Operational from 7.00 am to 9.30 pm on all days of the week.

Coaching by Professional Tennis Academy

Mon to Fri, 3.30 pm to 6.30 pm, and
Saturday & Sunday, 9.30 am to 11.30 am.
A – Beginners' batch – 3 times
a week for 1 hour each – 2,352/- pm
B – Beginners' batch – 5 times
a week for 1 hour each – 3,652/- pm
C – Mini Tennis batch (4 to 6 yrs.) – 3 times
a week for 1 hour each – 1,565/- pm
D – Juniors batch – Sat/Sun – 4,372/- pm
E – Adults batch – Sat/Sun – 4,190/- pm
F – Intermediate batch – 3 times
a week without fitness – 4,189/- pm
G – Intermediate batch – 3 times
a week with fitness – 6,846/- pm
H – Intermediate batch – 5 times
a week without fitness – 6983/- pm
I – Intermediate batch – 5 times a week with fitness – 9,640/- pm
J – Advanced batch – 3 times a week for 1 hour without fitness –
Members – 5,539/- pm / Non – Members – 7,700/- pm
K – Advanced batch – 3 times a week for 1 hour with fitness –
Members – 7,805/- pm / Non – Members – 8,800/- pm
L – Advanced batch – 5 times a week for 1 hour without fitness –
Members – 10,274/- pm / Non – Members – 13,356/- pm
M – Advanced batch – 5 times a week for 1 hour with fitness –
Members – 12,540/- pm / Non-Members – 16,302/- pm
N – Advanced batch – 3 times a week for 1.5 hours – Members
-12,430/- pm / Non-members – 13,230 /- pm
O – Advanced batch – 5 times a week for 1.5 hours – Members -
16,962/- pm / Non-Members – 22,051/- pm

P – Advanced batch playing members – 5 times a week for 1.5 hours – 25,757/- pm
Q – Super Advanced batch – 5 times a week for 2 hours – 22,061/- pm

PADEL COURT

Padel Court operational for Members, booking to be done from Huddle App.
Court timings are from 7.00 am to 11.00 pm on all days.

SWIMMING

Operational from 6.30 am to 9.30 pm for members and children.
Guests permitted all days of the week.

Kids' coaching by Vistasp Besania

Beginners Batch: Monday to Friday – 5:00 to 5:45 pm & Saturday – 4:00 to 4:45 pm
Pre-Advanced Batch: Monday to Friday – 5:45 to 6:45 pm & Saturday – 4:45 to 5:45 pm
Duration: 12 sessions per month – Fees: 3,000/- pm + GST per member.
16 sessions per month – Fees: 4,000/- pm + GST per member.
20 sessions per month – Fees: 5,000/- pm + GST per member.
24 sessions per month – Fees: 6,000/- pm + GST per member.

Competitive Coaching by Manoj Balekar

Batch: Monday to Friday – 4:45 to 6:15 pm
Fees: Monthly – Rs. 6000 + taxes per month

Aqua Aerobics by Snehal Bhal

Batch: Mon/Wed/Fri, from 8.00 am to 9.00 am.
Individual Sessions: Members - Rs. 575/- session.
2 sessions per week: Rs. 2,600/- per month.
3 Sessions per week: Rs. 3,850/- per month.
3 Sessions per week (3 months' commitment): Rs. 3,200/- per month.

Weekend Coaching by Vistasp Besania (Open for all ages)

Batch: Saturday and Sunday, from 9.30 to 10.30 am.
Duration: 8/10 sessions a month.

FEES:

Monthly – Rs. 2500 + taxes per month
4 session plan – Rs. 2100 + taxes per month
Per session – Rs. 500 + taxes per month

1-on-1 by Ravi Babar (45-minute slots)

Single Session 400 + taxes per month.
Shared Sessions: (Max 2 per session) 750 + taxes per month.
Single Session: Rs. 3200 + taxes per month.
Shared Session: 6000 + taxes per month, debited to single member account.

HYBRID YOGA

Hybrid Yoga Sessions on Mon/Wed/Fri from 8.15 am to 9.15 am at the Palm Court.
Fees: Members: 750/- pm + GST; Members' Guests: 1,500/- pm + GST.
Members' Guests attending physically: 2,500/- pm + GST.
Contact Sports Office* for registration.

FUN FITNESS BY ATUL GUPTA

10:30 Am to 11:30 Am
Venue: Dining Hall

Charges: Members: 1000/- + GST per Month / Guests: 1250/- + GST per Month

Dates and timings are liable to change. Check with the Sports Office for confirmation. 🚩 = One-off events to look out for
Sports Office Tel.: +91 22 2207 0311-4 / 022 4322 400, Ext. 443 / 411. What's App/Call: +91 98696 62525